

Breaking Through the Road Blocks to Your Expression

But first you'll have to clear the yellow post-its covering your mirror and distorting your identity – the myths of being an artist that don't work.

“The crazier I am the better my work will be and the more respect I'll earn. True Artists are incapable of being true business people. In fact, if my checkbook is balanced and my desk in order and my biz plan clearly written on the wall – I'll probably fail as an artist.”

In Art there are no right ways – there is your way, period. Right ways are merely more limits and illusions to get stuck in. Art is a continual re-invention of self – no one escapes. The true joy of the Art Life or LiveArt is that what comes next is always a surprise because there is nothing fixed except your own neuroses. You are not in control.

You do need a cheering section for all your new steps – how can you create and take risks (which always creates change) when the status quo keeps voicing fears that attempt to immobilize your sprouting.

Make a life long pact with your most adventurous friends to support and accept you (no matter what). This demands unconditional love which takes some inner spiritual work. True acknowledgement, remembering the good times, and forgiveness: these are the keys to future growth that defies the familiar.